



Illness and Exclusion Policy

Bearhugs Nurseries Ltd. aims to promote a healthy environment for the children in our care and we need your co-operation to support this.

- If parents/carers notice their child becoming ill or infectious they must inform the setting and they must have regard to the exclusion list below.
- Should your child, or a member of your family, **contract a notifiable disease or infectious ailment you must inform us**. We are then able to inform other parents promptly. Please do not bring your child to Nursery if they are ill.
- **The Nursery reserves the right to refuse entry to any child who the Nursery Manager/Supervisor consider to be unwell or suffering from any contagious or infectious complaint.**
- If a child becomes ill or infectious at the setting, every effort will be made to contact the parents/carers. It is essential therefore that the setting has up to date information in order to be able to contact the parents/ carers during settings hours. If the parent/carer cannot be contacted setting staff will endeavour to contact the other named contacts on the child's record.
- If the setting is unable to contact a parent/carer or other named contact Bearhugs Nurseries Ltd. reserves the right to take the child to a general practitioner or hospital in an emergency. Parents/carers will be required to give signed consent for this procedure on registering their child at the setting.
- Where a child needs Calpol/paracetamol during nursery time and the appropriate permissions and the parent/carer has brought a sachet of this in, then one dose of Calpol/ paracetamol will be given, if the child's temperature does not lesson or another dose is required, parents will be contacted and the child will need to be collected.
- **Please also note that when a child has been prescribed antibiotics they will be unable to return to the setting until 24 hours after the**

first dose of antibiotic. This will allow the medication to begin working effectively and provide a chance for any allergies to emerge. Please note that this is a full 24 hours exclusion period so the time when they start their antibiotics will affect the time of their return. Please see Medications Policy for more information.

- **Sickness or absence from the nursery does not qualify for a reduction of fees.**

Notification of exposure to infectious diseases.

Illness/Infectious Diseases Period of Exclusion

- Chicken pox/shingles - until all spots/blisters have completely scabbed/crusted over completely. This can take up to 5 or 6 days and in some cases longer.
- Conjunctivitis - None.
- Diarrhoea and/or Vomiting - Children and Staff should be excluded from the setting until their symptoms have settled and until **48 hours after the last episode of diarrhoea or vomiting.**
- Glandular fever - There is no benefit in keeping children or staff off once they feel well enough to attend.
- Hand, Foot and Mouth - None. However, whilst the child unwell he/she should be kept away from the setting.
- Headlice - Exclusion until treatment has been applied to prevent the spread. Treatment is only required if live lice are seen in the hair (Not Nits/eggs).
- Hep A - until the child feels well or until 7 days after the onset of jaundice, whichever is the later.
- Hep B- children who develop symptoms will be too ill to be at the setting.
- Hep C- usually no symptoms but care must be taken with bodily fluids if person is known to have Hep C.
- HIV/Aids - should not be restricted or excluded.
- Impetigo - until 24 hours after the start of treatment. If there is an outbreak, stop the use of sand, water, playdough and cooking activities and wash all 'dressing up' clothes. (An outbreak is 2 or more cases of the same infectious organism in the setting).
- Measles- until 5 days after the onset of the rash.

- Mumps - the child should be excluded for 5 days after the onset of the swelling.
- Rubella- for 4 days after the onset of the rash, and whilst unwell.
- Meningitis, children will be too ill to attend and there is no need to exclude siblings or other close contacts.
- Molluscum Contagiosum - none.
- Pharyngitis/Tonsillitis- if the disease is known to be caused by streptococcal (Bacterial) infection the child or member of staff should be kept away from the setting until 24 hours after the start of treatment. Otherwise they should stay at home while they feel unwell.
- Rashes - A child who is unwell and has a rash should visit their GP to establish the reason for it - Please see additional policy on rashes.
- Ringworm (Tinea) children need not be excluded but spread can be prevented by good personal hygiene, regular hand washing and use of separate towels and toilet articles. Parents should be encouraged to seek treatment.
- Scarlet fever (Scarletina) - Once a patient has been on antibiotic treatment for 24 hours they can return, provided they feel well enough.
- Slapped cheek syndrome (Erythema Infectiosum/fifth disease) - An affected child need not be excluded because they are no longer infectious by the time the rash appears.
- Scabies - Not Necessary, but treatment should be commenced.
- Typhoid, Paratyphoid (Enteric fever) - an infectious child is likely to be very ill and whilst infectious unable to attend the setting.
- Tuberculosis (TB) 'Open' cases- until 2 weeks after treatment started, 'open' cases of drug resistant TB when the hospital physician advises. ('Open' is determine by sputum samples).
- Verrucae - not necessary.
- Whooping cough (Pertussis) - an affected child and unvaccinated contacts under 7 years should be excluded until they have had 5 days of antibiotics.
- Worms - exclusion is not necessary.

If we have reason to believe that any child is suffering from a notifiable disease identified as such as the Public Health (Infection Diseases) Regulations 1988, we will inform the Health Protection Agency, Ofsted and the Local Authority Service.

We will act on any advice given by the Health Protection Agency and inform Ofsted of any action taken. The Health Protection Agency's list of notifiable diseases can be found at www.hpa.org.uk

Further guidance on infection control in schools and childcare settings can also be found at www.hpa.org.uk

The Lincolnshire Health Protection Team can be contacted on Tel: 01476 514699

This policy is further enhanced and supported by the HPA poster in the hallway of both Bearhugs Nurseries Ltd.

Signed on behalf of Bearhugs Nurseries Ltd by:

Manager/Owner

Date: 1st May 2020

Review Date: 1st May 2021