



### Heat Rash Policy

During the summer months it is not usual for babies and children to develop rashes due to heat.

Heat rashes are often in patches and may be in areas such as body creases, inner elbow, inner knees, within the nappy folds but can occur anyway.

It is sometimes referred to as 'Hives' and likened to nettle rash. It is not harmful, not contagious but can be uncomfortable and may be itchy.

At Bearhugs Nurseries Ltd. we understand that there needs to be a balance between managing everyday childhood conditions and complaints and ensuring that no child is put at risk of infection from another child's unmanaged illness or complaint.

**There is an Existing Rashes Policy at Bearhugs Nurseries Ltd. and this remains an active policy**

In addition to this policy, where staff believe that the rash is heat related and there are no other indicators that a child is unwell, ie. they are eating, drinking and playing and the rash is not spreading or worsening, we will not require them to see a health professional before returning to nursery.

If staff observe a rash that commences whilst they are at nursery and that they believe is related only to heat, they will take the following steps.

- Check the child's temperature and record this along with the time it was taken, staff will contact parents if the temperature is a concern.
- Loosen any clothing and remove any extra layers as appropriate.
- Encourage fluid intake and ensure drinks are regularly offered.
- Observe and monitor the child for signs of being unwell.

- Observe and monitor that the rash is not spreading or worsening.
- Inform their room leader and/or manager.
- Communicate all the above to parents at collection of their child.

Staff reserve the right to contact parents if they are at all concerned or to ask parents to see a Health Professional before returning to the setting if there is any doubt about the rash or welfare of the child.

Signed on behalf of Bearhugs Nurseries Ltd by:

Manager/Owner .....

Date: 1<sup>st</sup> May 2020

Review Date: 1<sup>st</sup> May 2021